DRY RUB ROASTED NEW YORK STRIP STEAK WITH CHIMICHURRI SAUCE AND COUSCOUS SALAD WITH CRISPY VEGETABLES

PAIRED WITH RESERVE CABERNET SAUVIGNON | YIELDS 8 PORTIONS

STEAK INGREDIENTS

5-8 lb. Striploin Roast

- 1/3 cup Kosher Salt
- 3 tablespoons Dry Mustard
- 4 teaspoons coarsely ground Black Pepper
- 1 tablespoon Garlic Powder
- 1 tablespoon Onion Powder
- 2 teaspoons dried Thyme, crushed
- 2 teaspoons dried Oregano, crushed
- 2 teaspoons ground Coriander
- 2 teaspoons ground Celery Seed
- 1/4 cup Brown Sugar
- 3 tablespoons Olive Oil

METHOD

- 1. Heat the oven to 425° F. Line a roasting pan with foil and place a roasting rack on top of the foil in the pan.
- 2. In a small bowl combine the salt, mustard black pepper, garlic powder, powder, the sale research and the sa

CHIMICHURI SAUCE

2 cups fresh Italian Parsley leaves

- 4 each Garlic Cloves, peeled and smashed
- 1/4 cup fresh Oregano Leaves
- 1/4 cup Red Wine Vinegar
- 1/2 teaspoon Red Pepper Flakes
- 1/2 teaspoon Kosher Salt
- 1/8 teaspoon freshly ground Black Pepper
- 1 cup extra-virgin Olive Oil

METHOD

- 1. Places parsley, garlic, oregano, vinegar, red pepper flakes, salt, and pepper in a food processor and blend for 1 minute.
- 2. With the food processor running, add oil in a steady stream. Do not over blend or the sauce will be bitter.
- 3. Serve or store in refrigerator for up to one week. *Yields 21/2 cups*

thyme, oregano, coriander, celery seed and brown sugar. Reserve.

- 3. Rub olive oil on all sides of the roast then season the roast on all sides with the spice rub mixture.
- 4. Place the roast in the prepared pan and place in the pre-heated oven. Roast the meat in the pre-heated oven for 15 minutes.
- 5. Reduce the oven temperature to 225° F and continue roasting for about 2 ½ to 3 hours longer, or until done as desired. For medium-rare, the beef should register from 135° F to 140° F on a meat thermometer in the thickest part of the roast.
- 6. Remove the roast from the oven. Tent the roast loosely with foil and let it rest for 20 minutes before slicing.
- 7. Serve with Chimichurri Sauce.

JUNE 2020 CELLAR CLUB

COUSCOUS SALAD WITH CRISPY VEGETABLES

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COUSCOUS INGREDIENTS

1 cup Couscous
1¼ cups Boiling Water
¼ cup Cilantro, finely chopped
½ cup Italian Parsley, finely chopped
½ each English Cucumber, diced
¼ cup Red Onion, small dice
15 each Grape Tomatoes, cut in ½
¼ cup extra-virgin Olive Oil

 each Lemon, zested and juiced, (about 3 tablespoons)
tablespoon Honey, warmed
teaspoon Chili Powder
teaspoon ground Cumin
cup Feta Cheese, diced small
Salt and Pepper to taste

METHOD

- Put the couscous in a large bowl and pour the boiling water over it. Cover with a lid or a foil and set aside for 5 minutes. Then remove the lid and fluff with a fork. Spread the cous cous out on a baking tray lined with parchment paper so it can cool before proceeding. Place the couscous in the refrigerator, if needed.
- 2. After cooling, place the cous cous in a large bowl and combine with the finely chopped herbs.
- 3. Add the cucumber, onion, tomatoes and lemon zest.
- 4. Whisk together the lemon juice, olive oil, honey, chili powder, and cumin, then toss this dressing with the couscous.
- 5. Add the diced feta and stir gently. Taste the salad and season generously with salt and pepper.
- 6. Serve immediately, or refrigerate until ready to serve. Store leftovers in a covered container for up to 5 days.