THAI VEGETABLE YELLOW CURRY WITH JASMINE RICE

PAIRED WITH 2021 PRIMITIVO | YIELDS 4-6 SERVINGS

INGREDIENTS

- 1 tbsp Vegetable Oil (or high temperature oil of choice)
- 2 tablespoons Yellow Curry Paste
- 1 can Coconut Milk (14 oz)
- 3 medium Yukon Gold Potatoes, cubed
- 2 Carrots, peeled and sliced
- 1 Onion, sliced
- 1 Red Bell Pepper, sliced
- 1 Zucchini, sliced into half-moons

- 1 cup Green Beans, trimmed, 2 inch pieces
- 1 cup Cauliflower Florets
- 1 tbsp Fish Sauce (Soy Sauce, vegan substitute)
- 1 tbsp palm sugar (can substitute light Brown Sugar)
- 1 tbsp Lime Juice, fresh

Cilantro or Thai Basil for garnish, fresh

Jasmine Rice for serving

METHOD

- 1. Heat the vegetable oil in a large pot over medium heat. Add the yellow curry paste and cook for 2-3 minutes until fragrant.
- 2. Add the coconut milk. Stir well to combine with the curry paste and bring to a simmer.
- 3. Add the cubed potatoes, sliced carrots, and onion to the pot. Cook until the potatoes begin to soften, about 10 minutes.
- 4. Add the bell pepper, zucchini, green beans, and cauliflower to the pot then add the vegetable broth to ensure the vegetables are mostly submerged.
- 5. Cover the pot with a lid and simmer for another 10 minutes or until all the vegetables are tender.
- 6. Stir in the fish sauce (or soy sauce), sugar, and lime juice. Taste and adjust seasoning as needed, adding more curry paste or sugar to balance the flavors.
- 7. Serve the curry over jasmine rice and garnish with fresh cilantro or Thai basil leaves.